

# Activity Book

## Discover the countryside

[Display my wishlist : 0](#)

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### **Get on your bikes and ride! It's so good to get away!**

Leisurely cycling, road or mountain biking: our region offers cycling for all tastes. The infinite variety of our landscapes and heritage become all the more charming when you travel by bike.

[More details](#)

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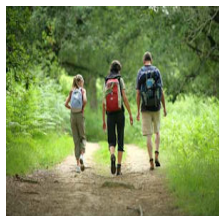
### **On a horse or a pony in the Gâtine or Vendéen bocage**

Understand the environment and countryside through horses and ponies, whether ridden or driven:

- Discovery Farm
- Riding Lessons
- Equestrian tourism, hacking in the countryside

[More details](#)

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## Hikes and walks for all

There are numerous way marked paths in our region just waiting for you. The only essential equipment needed is a good pair of walking shoes!

[More details](#)

[Back to the category](#) var options = { valueNames: [ 'title', 'comment', 'tag' ] }; var featureList = new List('wishbox-list', options); \$('#filter-Détente et loisirs').click(function() { featureList.filter(function(item) { if (item.values().tag == "Détente et loisirs") { return true; } else { return false; } }); return false; }); \$('#filter-Vivre la Nature').click(function() { featureList.filter(function(item) { if (item.values().tag == "Vivre la Nature") { return true; } else { return false; } }); return false; }); \$('#filter-none').click(function() { featureList.filter(); return false; });